



# Five steps to follow after a cycling accident

According to The Royal Society for the Prevention of Accidents (RoSPA), more than 19,000 cyclists are killed or injured in road accidents every year. This figure is based on accidents reported to the police, but is likely to be much higher as many accidents do not get reported.

If you experience a cycling accident, there are five steps that you should follow to ensure you have the best chance of securing compensation for any injuries.

Read this and keep it in mind so you are prepared should the worst happen.



## 1. Injuries

If you suspect you have sustained a serious injury you should stay as still as possible and wait for the emergency services to arrive.

If you are able to move, depending on your location, you should make your way to the nearest safe place and call the emergency services.

Some minor injuries can have long term implications, so it is important to consult a medical professional no matter what your injury and follow their advice.

## 2. Exchange details

Dependent on the severity of your injuries, you should exchange details with any other party at the scene of the accident. If you are unable to do this, the police will obtain this information.

If possible you should obtain the name, address and contact number, along with the vehicle registration number, make and model and insurance details of any vehicle involved.

If there are witnesses to the accident, get their contact details, as this information may come in handy at a later date.

If you do not believe you have sustained an injury at the scene, you should still obtain the above information. Many injuries develop hours after an accident, and may become more apparent the following day. Without any record of the driver tracing them may prove difficult at a later date.

If you are taken straight to hospital after your cycling accident, the police should take details of the other driver, or drivers, involved which can be passed to you or your personal injury solicitor at a later date.

As soon as you are feeling well enough after your accident, you should seek advice from our experienced road traffic accident team to see if you can pursue a compensation claim.

## 3. Inform the police

If the police do not attend the scene, you should report the accident to them as soon as possible.



#### 4. Evidence

If possible take photographs of the scene of the accident. Photograph your damaged property and any visible injuries as soon as you can.

Keep a written record of how the collision occurred, including the time of the accident, exact location and weather conditions.

Get a written estimate for repairing or replacing any damaged property.

#### 5. Choose the right solicitor

Choosing the right solicitor to deal with any personal injury claim is essential.

Experience really counts and can make a significant difference to the amount of compensation a victim receives.

At Thompsons Solicitors, we will always strive to obtain the maximum amount of compensation in the shortest amount of time.

We are experienced in dealing with cycle accident compensation claims and have specialist teams of personal injury solicitors based in a network of offices across UK to support you through the claims process and beyond.



## Contact us

If you, or someone you know, has suffered a cycling injury, call us for free initial compensation claim advice on **0800 0 224 224** or visit **[www.thompsons.law.co.uk](http://www.thompsons.law.co.uk)**