



WHAT TO PACK FOR A CITY BREAK?

DESTINATION:

ESSENTIALS:

- Passport
- Plane/bus/train tickets
- Printout of reservations
- Travel money
- Combination locks
- Travel adapter
- Mini umbrella
- Sealable plastic bags for toiletries
- Bags for dirty laundry
- Travel guide book

COMFORT:

- Weather-dependent jacket
- Light layers
- Flat shoes
- Sunglasses
- Hat

HEALTH:

- Sun cream
- Protective lip balm
- Toiletries
- Personal hygiene items
- Hand sanitiser
- Pain reliever
- Plasters

USEFUL:

- Local medical centre number

- Local embassy number

- Emergency contact number
